logic for processing the health test measurement data to generate a health care test result for a user; and

logic for controlling storage of the health care test result in the local storage in a storage element allocated for the user; and

a communications interface coupled to the controller, the controller being capable of communicating with a remote server with a remote storage via the communications interface,

the controller further including:

logic for controlling storage of the health care test result in the remote storage in a storage element allocated for the user.

2. A health services and information system according to Claim 1 further comprising:

a display coupled to the controller, the controller including a logic for controlling presentation of the health care results on the display including a presentation of a health care result history.

3. (Previously Amended) A health services and information system according to Claim 1 further comprising:

a display coupled to the controller, the controller including a logic for appraising health care risk and controlling presentation of the health care results on the display including a presentation of the health risk appraisal.

4. (Previously Amended) A health services and information system according to Claim 1 wherein:

the health test interface comprises blood pressure measuring equipment.

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(Previously Amended) A health services and information system according to Claim 1 further comprising:

a measurement interface coupled to the controller, the controller including:

logic for controlling the measurement interface measure a diagnostic parameter and produce a measurement result for a user; and

logic for controlling storage of the measurement result in the local storage in a storage element allocated for the user.

(Previously Amended) A health services and information system according to 6. Claim 1 further comprising:

a measurement interface coupled to the controller, the measurement interface comprising weight measuring equipment for measuring the weight of a user, the controller including:

logic for controlling the measurement interface to measure weight to produce a weight measurement result for a user; and

logic for controlling storage of the weight measurement result in the local storage in a storage element allocated for the user.

(Previously Amended) A health services and information system according to Claim 1 further comprising:

a display coupled to the controller; and

a user interface coupled to the controller, the controller including:

logic for controlling the display and the user interface to execute an interactive information transfer session in which the user supplies user information for storage and -3-

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retrieval to the local storage and the remote storage, the user information being used for analysis in generating a health risk appraisal.

8. A health services and information system according to Claim 1 further comprising:

a logic at least partly executable on the controller that secures data in the user local storage and the user remote storage against unauthorized access.

9. A health services and information system according to Claim 1 further comprising:

a kiosk that houses the controller, the local storage, the communications interface, and the health test interface.

10. A health services and information system according to Claim 1 further comprising:

a logic at least partly executable on the controller that automatically transfers data in the local storage to the remote storage.

11. A health services and information system according to Claim 1 further comprising:

the remote server that is capable of being communicatively coupled to the controller via the communications interface; and

a logic at least partly executable on the controller and at least partly executable on the remote server that permits the server to present health service directories and health care information to the user during an interactive accessing operation.

LAW OFFICES OF SKJERVEN MORRILL LLP San Jose, CA 12. A health services and information system according to Claim 1 further comprising:

the remote server that is capable of being communicatively coupled to the controller via the communications interface; and

a logic at least partly executable on the controller and at least partly executable on the remote server that permits the server to present health care services and products for purchase in electronic-commerce to the user during an interactive accessing operation.

13. A health services and information system according to Claim 1 further comprising:

the remote server that is capable of being communicatively coupled to the controller via the communications interface; and

a logic at least partly executable on the controller and at least partly executable on the remote server that determines whether a medication selected by the user is compatible with medications that the user is currently taking.

14. (Previously Amended) A health services and information system comprising: a server;

a server storage coupled to the server, the server being capable of storing health care test results and measurements for a plurality of users in storage elements respectively allocated to the plurality of users;

one or more health care kiosks, the health care kiosks including a controller and diagnostic equipment coupled to the controller, the controller having a capability to appraise user health care risk on the basis of diagnostic test data acquired at the health care kiosk by

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LAW OFFICES OF SKJERVEN MORRILL LLP San Jose, CA San Francisco, CA the diagnostic equipment, user health care information entered by the user at the health care kiosk, and user information stored at the user storage; and

a communications interface coupled to the server, the server being capable of communicating with the one or more health care kiosks via the communications interface to transfer health care test results and measurements from the health care kiosks to the server and to transfer health care information from network information sources to the health care kiosks.

15. A health services and information system according to Claim 14 wherein:

the server transfers information to the health care kiosks relating to a health care result history of the users.

16. A health services and information system according to Claim 14 wherein:

the server transfers information to the health care kiosks relating to a health risk appraisal of the users.

17. (Previously Amended) A health services and information system according to Claim 14 wherein:

the diagnostic equipment is capable of measuring user blood pressure and user heart rate.

18. (Previously Amended) A health services and information system according to Claim 14 further comprising:

the diagnostic equipment is capable of measuring user body weight.

LAW OFFICES OF KJERVEN MORRILL I.I.P 19. A health services and information system according to Claim 14 wherein:

the server receives and stores health care test results and measurements from the health care kiosks and receives and stores health care information from network information, the stored health care test results and measurements the stored health care information being used to determine a health risk appraisal.

20. (Previously Amended) A health services and information system according to Claim 14 further comprising:

a logic at least partly executable in the server that secures data in the user remote storage against unauthorized access.

21. A health services and information system according to Claim 14 further comprising:

a kiosk that is capable of being communicatively coupled to the server via the communications interface; and

a logic at least partly executable in the server and at least partly executable in the kiosk that permits the server to present health service directories and health care information to the user during an interactive accessing operation.

22. A health services and information system according to Claim 14 further comprising:

a kiosk that is capable of being communicatively coupled to the server via the communications interface; and

a logic at least partly executable in the server and at least partly executable in the kiosk that permits the server to present health care services and products for purchase in electronic-commerce to the user during an interactive accessing operation.

LAW OFFICES OF KJERVEN MORRILL LLF San Jose, CA 23. A health services and information system according to Claim 14 further comprising:

a kiosk that is capable of being communicatively coupled to the server via the communications interface; and

a logic at least partly executable in the server and at least partly executable in the kiosk that determines whether a medication selected by the user is compatible with medications that the user is currently taking.

24. (Previously Amended) A method of operating a health services and information system including a controller and coupled to the controller a local storage, diagnostic equipment, and a communications interface, the method comprising:

executing instructions at the controller including:

controlling the diagnostic equipment to perform a health test measurement on a user;

processing the health test measurement to produce a health care test result for the user; controlling storage of the health care test result in the local storage in a storage element allocated for the user; and

communicating with a remote server with a remote storage via the communications interface; and

controlling storage of the health care test result in the remote storage in a storage element allocated for the user.

25. (Previously Amended) A method according to Claim 24 wherein the health services and information system further includes a display, the method further comprising:

LAW OFFICES OF KJERVEN MORRILL LLP San Jose, CA San Francisco, CA executing instructions at the controller further including:

presenting the health care results on the display including presenting a health care result history.

26. (Previously Amended) A method according to Claim 24 wherein the health services and information system further includes a display, the method further comprising:

executing instructions at the controller further including:

appraising health risk based on the health test measurement and information entered by the user; and

presenting the health care results on the display including presenting a health risk appraisal.

27. (Previously Amended) A method according to Claim 24 wherein:

the health test measurement is a measurement of blood pressure and heart rate.

28. (Previously Amended) A method according to Claim 24 wherein the health services and information system further includes a measurement interface, the method further comprising:

executing instructions at the controller further including:

controlling the measurement interface to perform a measurement giving a measurement result for a user; and

controlling storage of the measurement result in the local storage in a storage element allocated for the user.

LAW OFFICES OF SKJERVEN MORRILL LLP San Jose, CA 29. (Previously Amended) A method according to Claim 24 wherein the health services and information system further includes a measurement interface, the method further comprising:

executing instructions at the controller further including:

controlling the measurement interface to perform a weight measurement giving a weight measurement result for a user; and

controlling storage of the measurement result in the local storage in a storage element allocated for the user.

30. (Previously Amended) A method according to Claim 24 wherein the health services and information system further includes a display and a user interface, the method further comprising:

executing instructions at the controller further including:

appraising health risk based on the health test measurement and information entered by the user; and

controlling the display and the user interface to execute an interactive information transfer session in which the user supplies user information for storage and retrieval to the local storage and the remote storage, the user information being used for analysis in generating the health risk appraisal.

31. A method according to Claim 24 further comprising:

securing data in the user local storage and the user remote storage against unauthorized access.

32. A method according to Claim 24 further comprising:

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automatically transferring data in the local storage to the remote storage.

33. A method according to/Claim 24 further comprising:

communicatively coupling the remote server to the controller via the communications interface; and

presenting health service directories and health care information to the user during an interactive accessing operation.

34. A method according to Claim 24 further comprising:

communicatively coupling the remote server to the controller via the communications interface; and

presenting health care services and products for purchase in electronic-commerce to the user during an interactive accessing operation.

35. A method according to Claim 24 further comprising:

communicatively coupling the remote server to the controller via the communications interface; and

determining whether a medication selected by the user is compatible with medications that the user is currently taking.

36. (Previously Amended) A method of operating a health services and information system including a controller and coupled to the controller a local storage, a health test interface, and a communications interface, the method comprising:

acquiring a health test measurement from the health test interface;

LAW OFFICES OF KJERVEN MORRILL LLI San Jose, CA San Francisco, CA executing instructions at the controller including:

processing the health test measurement to produce a health care test result for a user;

controlling storage of the health care test result in the local storage in a storage element allocated for the user; and

communicating with a remote server with a remote storage via the communications interface;

controlling storage of the health care test result in the remote storage in a storage element allocated for the user; and

executing instructions at the controller further including:

controlling the measurement interface to perform a weight measurement giving a weight measurement result for a user; and

controlling storage of the measurement result in the local storage in a storage element allocated for the user;

communicatively coupling the remote server to the controller via the communications interface.

37. (Previously Amended) A method of operating a health services and information system including a controller and coupled to the controller a local storage, a blood pressure measurement equipment, and a communications interface for communicating with a remote server, the method comprising:

using the blood pressure measurement equipment to acquire a first measurement of blood pressure for a user;

storing the first measurement of blood pressure for the user at a remote server;

using the blood pressure measurement equipment to acquire subsequent measurements of blood pressure for the user;

LAW OFFICES OF SKJERVEN MORRILL LLP San Jose, CA San Francisco, CA storing the subsequent measurements of blood pressure for the user at the remote server;

generating a user blood pressure history by retrieving the first and subsequent measurements of blood pressure for the user from the remote server;

displaying the user blood pressure history to the user, each entry of the user blood pressure history comprising a date and a blood pressure measurement associated with the date.

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